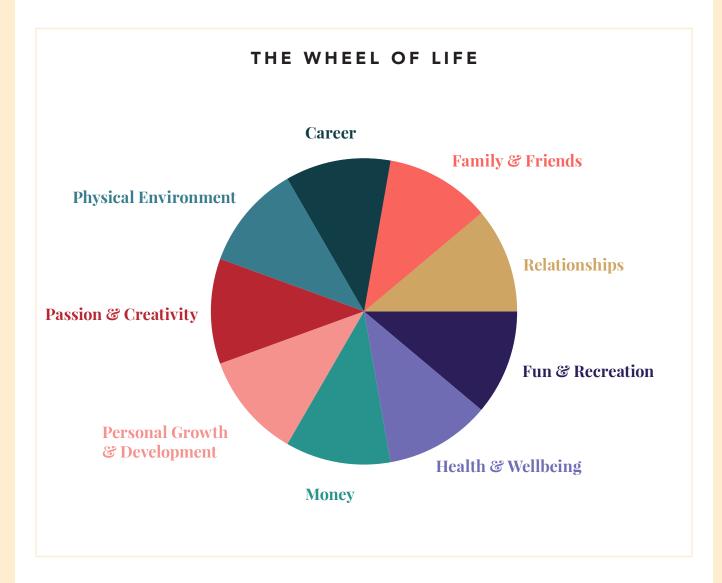


Use the Wheel of Life method to outline your goals for the year ahead





Read the full article about realistic goal setting on www.sassyhongkong.com

For my	career I want to
For my	family and friends I want to
roi my	anny and mends i want to
П.	
For my	relationship(s) I want to
• • • • • • • • • • • • • • • • • • • •	

For fu	in and recreation I want to	
For m	y hoalth and wallhoing I want to	
FOF III	y health and wellbeing I want to	
Eon m	y Gnances I want to	
FOF III	y finances I want to	

F	For passion and creativity I want to
Į	For my physical environment I want to
-	pay pay of the first of the fir

2021 GOAL TRACKING

My top three goals for 2021 are:						
3						
Someone who will keep me accountable is						

2021 GOAL TRACKING

	2	3		
Main Goal:	Main Goal:	Main Goal:		
Jan – Mar STATUS Still to start In progress Complete	STATUS Still to start In progress Complete	STATUS Still to start In progress Complete		
Apr – Jun STATUS Still to start In progress Complete Notes:	STATUS Still to start In progress Complete Notes:	STATUS Still to start In progress Complete Notes:		
Jul – Sept STATUS Still to start In progress Complete Notes:	STATUS Still to start In progress Complete	STATUS Still to start In progress Complete		
Oct – Dec STATUS Still to start In progress Complete Notes:	STATUS Still to start In progress Complete Notes:	STATUS Still to start In progress Complete Notes:		